

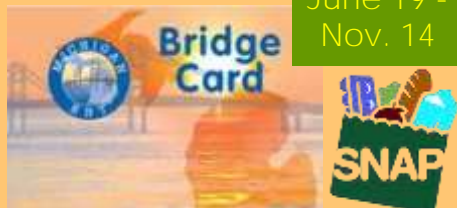


2015 Community Calendar

Do you want to grow a food garden? We have resources for you!

Southeast Area Farmers' Market

- Double Up Food Bucks
- Debit Card
- WIC Project Fresh
- Cash Value Benefits
- Summer EBT
- Bridge Cards/SNAP Welcome



Open
June 19 -
Nov. 14



Garfield Park Summer Market, Fridays 3 - 7 p.m.
334 Burton St. SE at Madison Ave. Open June 19 - Aug. 29.

G R Ford Academy Main Market, Saturdays 11 a.m. - 3 p.m.
851 Madison Ave. SE at Franklin St. Open June 20 - Nov. 14.

OKT Market Day Activities & Events, 12 - 2 p.m.

Cooking Demos: June 26, 27, July 24, 25, Aug. 21, 22, Sept. 25, 26, Oct. 25 and Nov. 7.

- June 19 Opening day! Garfield Park
- June 20 Opening day! Gerald R Ford Market
- June 27 Summer Celebration DJ & fun activities
- July 10 & 11 Urban Foraging Workshop
- July 31 & Aug. 1 Make Your Own Personal Care Items Workshop
- Sept. 5 Urban Foraging Workshop
- Sept. 19 Art at the Market
- Oct. 10 Greens Cook-off & Fried Green Tomato Festival
- Oct. 17 World Food Day Activities
- Oct. 31 Fall Celebration



See more
market day events
on the market
calendar.

Look for additional market activities throughout the season. Some event dates may change. Market sponsored by Kent County Health Department, Greater Grand Rapids Food Systems Council & OKT, market managers.



Women of Color Convenings

March 26, June 25, August 27 and November 12, 6 - 8 p.m.
In 2015, OKT continues this series that brings Women of Color together to discuss justice issues impacting our daily

lives and families' health. Times, locations and topics TBA.
Visit OKTjustice.org for information.

Food Gardening & Justice Classes. *Free!*

- March 2, 3 & May 4 *How to Plan Your Food Garden* with OKT garden coaches
- March 23, 24 & May 11 *Food Justice Primer* with Camilla Voelker & Jeff Smith
- Apr. 11 *Composting & Vermiculture* w/ Clinton Boyd, PhD & Alynn Guerra
- Sept. 21 *How to Save Seeds* w/ OKT garden coaches
- Sept. 28 *Urban Garden Design* w/ OKT garden coaches
- Nov. 14, 21, Dec. 5 & 12 *Food Politics & the Food Justice Movement: Moving Forward* w/ Jeff Smith, GRIID

At Garfield Park Lodge, 334 Burton SE, Grand Rapids.
Monday classes 6 - 8 p.m.; Saturday & Tuesday classes 10 a.m. - 12 p.m.; Additional classes may be offered.
Check OKTjustice.org for details.



Cook, Eat & Talk. *Free!* w/ OKT Cooking Coaches Toni Scott, Fonda Kingsley, Talija Miner & Alynn Guerra. Apr. 20, May 18, June 8, July 13, Aug. 10, Sept. 19, Oct. 10 & Nov 7
Mondays 6 - 8 p.m. Saturdays 10 a.m. - 12 p.m. Cooking demo, light meal and dialogue. April & May at Sherman St. Church, 1000 Sherman St. SE. Other locations TBA.

Community Events. *Free!*

- Apr. 22, 6 - 7:30 p.m. Earth Day Spring Tree Tour
Garfield Park Lodge, 334 Burton SE
- April 25, 10 a.m. - 12 p.m. Volunteer Orientation,
Garfield Park Lodge, 334 Burton SE
- Aug. 17, 6 - 8 p.m. Eastown Food Garden Walking Tour,
Meet at Eastown Community Association, 415 Ethel Ave. SE
- Sept 12, 10 a.m. - 6 p.m. Eastown Street Fair Peace Festival
- Sept. 19, 3:30 - 5:30 p.m. Urban Foodscapes Bicycle Tour
Meet at GR Ford Academic Center, 851 Madison Ave. SE.



Ask OKT to share our resources at your community event!

Our Kitchen Table is a non-profit, grassroots community activist organization working for environmental justice and food security in Grand Rapids area urban communities.

For information:

- Email OKTable1@gmail.com
- Call 616-206-3641
- Visit OKTjustice.org

